

CHICKEN MEALS

All meals served with the choice of...

- (1) Plain Rice or Rice & Peas
(2) Vegetables or Salad

	Sm	Lg
1. CARIBBEAN FRIED CHICKEN	£6.00	£7.50
2. CURRY CHICKEN	£6.00	£7.50
★ 3. BROWN STEW CHICKEN	£6.00	£7.50
4. BBQ CHICKEN	£6.00	£7.50
♣ 5. JERK CHICKEN	£6.00	£7.50

MEAT MEALS

All meals served with the choice of...

- (1) Plain Rice or Rice & Peas
(2) Vegetables or Salad

	Sm	Lg
6. CURRY MUTTON	£7.00	£8.00
♣ 7. JERK PORK	£6.00	£7.50
★ 8. STEW PORK	£6.00	£7.50
9. OXTAIL	£7.00	£8.00

SEAFOOD MEALS

All meals served with the choice of...

- (1) Plain Rice or Rice & Peas
(2) Vegetables or Salad

	Sm	Lg
10. ACKEE & SALTFISH	£6.50	£7.50
11. CABBAGE & SALTFISH	£5.00	£6.00
12. CALLALOO & SALTFISH	£5.00	£6.00
13. ESCOVITCH FISH	£7.50	£8.50
14. BROWN STEW FISH	£7.50	£8.50
15. STEAM FISH (Pie Order)	-	£8.00

VEGETARIAN MEALS

All meals served with the choice of...

- (1) Plain Rice or Rice & Peas
(2) Vegetables or Salad

	Sm	Lg
16. VEGETABLE CURRY	£5.00	£6.00
17. VEGETABLE STIR FRY	£5.00	£6.00

DUMPLINGS

(Stuffed)

	One Size
18. FRIED DUMPLIN	£0.80
19. SALT FISH DUMPLIN	£2.00
20. SALT FISH & CALLALOO DUMPLIN	£2.00
21. ACKEE & SALT FISH DUMPLIN	£3.00

SOUP

	Sm	Lg
22. CHICKEN SOUP (Mon/Tue/Sat)	£3.00	£4.50
23. LAMB-NECK SOUP (Wed/Thu/Fri)	£4.50	£5.50
24. FISH TEA (Fri)	£3.00	£4.00

PATTIES

	One Size
25. BEEF PATTY	£1.50
26. LAMB PATTY	£1.50
27. CHICKEN PATTY	£1.50
28. VEGETABLE PATTY	£1.50
29. SALT FISH PATTY	£1.50

SIDES

	One Size
30. SALTFISH FRITTERS	£1.50
31. FRIED PLANTAIN	£1.00
32. MIXED SALAD	£1.50
33. COLESLAW	£1.50
34. POTATO SALAD	£2.00
35. HARD DOUGH BREAD	£0.80

CHICKEN PORTIONS

All portions are served individually and do not come as a meal.

	Sm	Lg
36. FRIED CHICKEN (Quarter Leg)	£3.50	£5.00
37. JERK CHICKEN (Quarter Leg)	£5.00	£6.50
38. BROWN STEW CHICKEN	£5.00	£6.50
★ 39. BBQ CHICKEN	£5.00	£6.50

MEAT PORTIONS

All portions are served individually and do not come as a meal.

	Sm	Lg
40. CURRY MUTTON (Goat)	£5.00	£6.50
41. OXTAIL	£5.00	£6.50
42. JERK PORK	£4.50	£6.00
43. STEW PORK	£4.50	£6.00

SEAFOOD PORTIONS

All portions are served individually
and do not come as a meal.

	Sm	Lg
44. ACKEE & SALTFISH	£5.00	£6.50
45. CABBAGE & SALTFISH	£4.00	£5.00
46. CALLALOO & SALTFISH	£4.00	£5.00
47. BROWN STEW FISH	£6.50	£7.50
48. ESCOVITCH FISH	£6.50	£7.50
49. STEAM FISH	-	£7.00
★ 50. PEPPER PRAWNS (Fridays Only)	£5.00	-

VEGETARIAN PORTIONS

All portions are served individually
and do not come as a meal.

	Sm	Lg
51. CALLALOO	£4.00	£5.50
★ 52. MACARONI CHEESE	£5.00	£6.00
53. CABBAGE	£4.00	£5.50
54. STIR FRY VEGETABLES	£4.00	£5.50
55. CURRY VEGETABLES	£4.00	£5.50

RICE PORTIONS

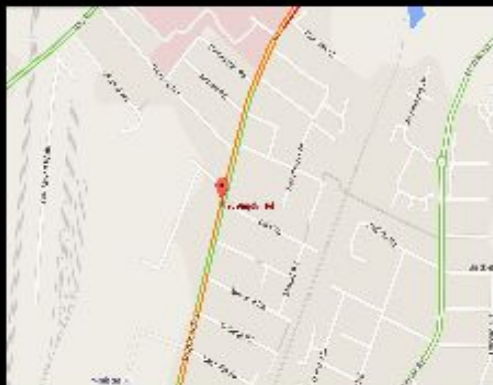
All portions are served individually
and do not come as a meal.

	Sm	Lg
56. PLAIN RICE	£4.00	£5.00
57. RICE & PEAS	£4.50	£6.00
58. BOILED FOOD (Pre Order)	£4.50	£6.00

REFRESHMENTS

WE HAVE A VARIETY OF SOFT DRINKS
AVAILABLE

WE ARE HERE



JEMZ ALSO OFFER
CATERING FOR ALL
OCCASIONS...

Weddings, Birthdays, Christenings, etc.

★ - Limited Daily Quantities ★ - Hot and Spicy
All meals from 1-17 are served with the choice of...
(1) Plain Rice or Rice & Peas
(2) Vegetables or Salad

JEMZ

Caribbean

Cafe & Takeaway



76 AMPHILL ROAD
BEDFORD
MK42 9HP

01234 306571

MON - THURS 11:30 TO 22:00
FRI - SAT 11:30 TO 23:00
SUNDAY CLOSED

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